

BUILDING BLOCKS CONFERENCE:
IMPLEMENTING SCHOOL WELLNESS POLICIES & PARTNERSHIPS
AUGUST 13, 2008
GRAPPONE CENTER, CONCORD, NH

7:45 – 8:15 Registration & Exhibits

8:15 – 8:45 Welcome

- Valerie Long, MOE RD LD
- Martha Judson, RN MS
- Elaine VanDyke, Administrator BNPS

8:45 – 10:00 **Keynote Address: Advancing Wellness Policy Goals**

Kelly Alley, MA, CHES, FASHA, Health Education Specialist – CDC
Division of Adolescent and School Health.

10:00 – 10:30 Break: Dance, Dance, Revolution/Guitar Hero demonstrations

10:30 – 12:00 Break Out Session I: Skill Building – Moving Policy into Practice

A. Practical Strategies for Implementing Wellness Policies:

- Laura Jackson Gaudette, MPH RD LD
- Panelist: Tom Walsh, FSD, Monadnock School District
- Panelist: Pamela Bormann, RN School Nurse, John Fuller Elementary School, N Conway
- Panelist: Beth Sommers, MPH RD, Curriculum Integration & Extended Learning Coordinator, Greenland Central School
- Panelist: Dayle Hayes, MS RD, NFSMI consultant

B. The Greening of the School Nutrition Environment

- Nate Duclos, MA, UNH Office of Sustainability
- Chris Faro, District Mgr. Café Services
- Jacque Puk, RN. NCSN, School Nurse Somersworth Elementary School
- Kate Engstrom, High School Teacher
- Janet Gorman, School Board Member, Hampton

C. Managing Eating Disorders in the School Environment

- Pam Stuppy, MS RD LD, Phillips Exeter Academy

12:00 – 1:00 Lunch

1:00 – 2:30 Break Out Session II: Forming Successful Partnerships

A. Becoming a Wellness Champion in Your School

- Dayle Hayes, MS RD, NFSMI consultant.

B. Partnering to Promote an Energetic Wellness Culture

- Martha Judson, RN MS
- Panelists: Jeanette Kimbell, FSD & Robin Abodeely, RN BS, School Nurse - Nashua
- Panelists: Debbie Boivin, FSD & Kirsten Lyons, RN, Stewartstown
- Panelists: Margo Ott, RN School Nurse & Ralph Jernberg, NEW Access Program Sullivan Gilson School
- Panelists: Jacque Puk, RN, NSCN, School Nurse, Hilltop School, Priscilla Abbott, MS NCSP, School Psychologist, Somersworth SAU 56, Jennie Halstead, Business Manager, Fiddlehead Farms Marketplace, Dover, NH

C. USDA Fresh Fruit & Vegetable Program Workshop NOTE: 1-5pm

- Mindy Fitterman, M.Ed. RD, – DHHS Fruit & Vegetable program
- Joanne Burke, PH.D RD LD and Karen Balnis, M.Ed. RD – Nutrition Education component
- Nate Duclos, MA – process
- Elaine VanDyke, Administrator BNPS– grants management.

2:30 – 3:00 **End Note Address: Wellness Outside of the School community**
Implementation and Partnership
Sean LaFrance, Executive Director Foundations for Health Communities

and

the new HEAL Home

TO REGISTER GO TO:

https://www.events.unh.edu/register.shtml?event_id=4551